

## SPECIALS

**Namak Mandi** is a market after which an entire food street is named in Peshawar. Meat cooked to perfection in its own fat in large tavah with minimum seasoning.

**Lamb Namak Mandi \* £17.00 / £30.00**

1/2kg Karahi (Serves 1-2) / 1kg Karahi (Serves 2-3)  
Spring lamb on the bone cooked in Namak Mandi style with salt, pepper, fresh tomatoes garnished with ginger

**Chicken Namak Mandi (1kg) \* £18.00**

(Serves 2-3) Chicken on the bone cooked in Namak Mandi style with salt, pepper, fresh tomatoes garnished with ginger \* Cooked to order allow up to 45 minutes.

**Karachi Nihari £13.00**

Lamb shank, stewed in whole ground herbs and spices, cooked in special rich sauce

**Tavah Platter S £25.00 / M £35.00 / L £45.00**

Small (serves 2), Medium (serves 3), Large (serves 4 to 5)  
Served on the Tavah includes chicken tikka, lamb tikka, chicken wings, lamb chops, seekh kebabs, chicken karahi, lamb karahi, daal (with large), chips, rice, naan & salad. The Small Tavah includes (Chicken Wings, Chicken Tikka, Lamb & Chicken Seekh Kebab, Chicken karahi, chips, rice, naan and salad)

**Tavah Chicken Platter £20.00**

Whole Grilled Chicken, Wings and Chicken Tikka served with rice and chips

**Fish & Chips With a Pakistani Twist! £14.00**

A portion of masala fish, potato wedges - mild traditional seasoning, pilau rice, salad and mild mint mayo

## SIDES

**Rice:** Plain Rice V £3.00 / Pilau Rice V £3.50 / Veg Pilau V £4.00 / Chicken Biryani on bone £10.00 / Lamb Biryani £12.00

**Naan:** Plain Naan V £1.00 / Butter Naan V £1.50 / Plain Roti V £1.00 / Butter Roti V £1.50 / Paratha V £3.00 / Keema Naan £3.50 / Garlic Naan V £2.00 / Chilli Naan V £2.00 / Peshwari Naan V £2.50

**Rolls:** Roly Poly £2.50 / Chicken Kebab £4.50 / Lamb Kebab £5.00 / Chicken Tikka £6.00 / Lamb Tikka £7.00 / Mixed Kebab £8.00 / Chilli Paneer V £5.00

**Samosa:** Veggie V £3.00 / Chaat V £4.50 / Papri Chaat V £4.00

**Chips:** Chips £1.50 / Masala Chips £2.50

## BREAKFAST (weekend - 9am till noon)

**Halwa Puri £8.00**

Includes chana masala, aloo turkari, halwa, 2 poori's

**Karachi Haleem £11.00**

Our karachi style haleem is a well known dish from Pakistan made from shredded meat fresh herbs & ground spices

**Karachi Nihari £13.00**

Lamb shank, stewed in whole ground herbs and spices, cooked in special rich sauce

**Desi Chai £2.50**

Freshly brewed chai made from the finest loose tea cooked with milk and sugar

**Aloo Paratha £3.95**

Flaky Paratha bread stuffed with spicy potato mash

**Paratha £3.00**

Flaky Paratha bread

**Omlette £2.50**

**Fried Egg £1.75**



HALWA PURI

## DESSERT

**Kulfi Malai, Pistachio, Mango, Gulkhand £3.50**

**Kheer Pakistani style rice pudding £4.50**

## DRINKS

Mineral Water £1.50

Rose Lemonade £3.00

Sparkling Elderflower £3.00

Victorian Lemonade £3.00

Coke / Diet Coke £2.50

Appletiser £2.50

Cans £1.50

Lassi Glass £3.00 / Jug £7.50

(Yogurt drink sweet/salty/mango)

# TAKEAWAY MENU



# TAVAH

AUTHENTIC PAKISTANI FOOD WITH PASSION

ORDER ONLINE

[www.Tavah.co.uk](http://www.Tavah.co.uk)

Opening Hours Tuesday-Friday: 12noon-10pm,  
Saturday-Sunday: 9am-10pm, Closed Mondays.

CALL 01727 833555

187 Hatfield Road, St Albans, AL1 4LG

DELIVERY FROM £2.50

LET'S GET SOCIAL    @TavahRestaurant



100%  
حلال  
Halal

VEGETARIAN  
menu  
AVAILABLE ONLINE

## TAVAH GRILL STARTERS

**Lamb Seekh Kebab (2pcs) £3.90**

Mouth watering minced mutton mixed with onions, herbs, fresh coriander and chillies cooked on charcoal

**Chicken Seekh Kebab (2pcs) £3.00**

Mouth watering minced chicken mixed with onions, herbs, fresh coriander and chillies cooked on charcoal

**Chicken Tikka (1 Skewer) £4.95**

Chicken breast cubes marinated in Tavah's finest spices barbequed over charcoal

**Lamb Tikka (1 Skewer) £6.15**

Marinated cubes of spring lamb bbq'd over charcoal

**Chicken Wings (4pcs) £4.85**

Marinated chicken wings barbequed on the grill

**Lamb Chops (4 pcs) £9.95**

Tender marinated chops on the bone cooked on the grill

**Malai Boti (1 Skewer) £6.00**

Succulent chicken marinated with cream, cheese, green chillies and the finest herbs & spices

**Malai Tikka £9.75**

Seesh kebab, chicken tikka cooked with vegetables, green peppers onions with cheese and cream

**1/2 Grilled Chicken £6.50**

Juicy half chicken bursting with authentic flavours! Served with chips or rice & salad

**Whole Grilled Chicken £11.95**

Juicy whole chicken bursting with authentic flavours! Served with chips or rice & salad



GRILLED CHICKEN BURGER

**LUNCHTIME DEALS** 12pm till 3pm, Mon-Thurs

Chicken Tikka Roll + drink + chips	£5.00
Lamb Kebab Roll + drink + chips	£5.00
Grilled Chicken Burger + drink + chips	£5.00
Half Grilled Chicken + Chips or Rice	£6.50
Chicken Karahi + Pilau Rice	£6.50



MASALA FISH

**Masala Fish £9.95**

Cod marinated in our unique masala comprising of 36 different ingredients & spices. Served with naan.

**Chapli Kebab £5.95**

Peshwari style minced kebab served with naan & salad

**Shami Kebab (2pcs) £4.50**

Lightly fried minced beef patty with ground lentils

**Chilli Paneer V £6.50**

Spicy cubes of cottage cheese marinated in our spices

**Small Mixed Grill £18.50**

**Special Mixed Grill\* Large £27.50**

A feast from our grill comprising seekh kebab, chicken tikka, lamb tikka, chicken wings & lamb chops \*Special includes large mixed grill plus rice & chicken shawarma too!



MALAI TIKKA

### KIDS MENU

Mini Chicken Burger	£4.50
Cheese Burger	£4.50
Malai Tikka	£5.00

Sliced seekh kebab and cubes of chicken tikka mixed with vegetables and cheese cream

## CURRIES

**Lamb Chops Karahi £12.95**

Lamb chops cooked on the grill and then simmered in herbs and spices, with fresh onions and tomatoes to create a mouth watering dish

**Chicken Tikka Karahi £9.95**

Boneless chicken tikka cooked in chefs own spices to create the perfect karahi masala

**Karahi Chicken £9.95**

Boneless chicken cooked in a deliciously seasoned curry sauce with our chefs own spices

**Achari Chicken £9.95**

Boneless chicken cooked in a delicious pickling spice curry for that authentic achari flavour

**Chicken Jalfrezi £9.95**

Boneless chicken cooked in a deliciously seasoned curry sauce peppers and onions and our chef's own spices

**Saag Chicken £9.95**

Boneless chicken & saag (green leaf vegetable) cooked in a deliciously seasoned curry sauce with our chef's own spices

**Butter Chicken £9.95**

Boneless chicken cooked in a delicious smooth buttery gravy

**Karahi Gosht £11.95**

Boneless mutton cooked in a deliciously seasoned curry sauce with our chef's own spices



SAMOSA CHAAT

### BURGERS

Grilled Chicken Burger	£5.00
Succulent chicken with salad and sauce	
Chapli Kebab Burger	£7.00
Our handmade chapli kebab burger with sauce	



KEEMA

**Daal Gosht £11.95**

Boneless mutton and lentils combined with a blend of herbs and spices

**Bhindi Gosht £11.95**

Boneless mutton and bhindi combined with a blend of herbs and spices

**Karela Gosht £11.95**

Boneless mutton and karela (bitter gourd) combined with a blend of herbs and spices

**Achar Gosht £11.95**

Boneless mutton cooked in a delicious pickling spice for that authentic achari flavour

**Keema £9.95**

A classic ground-meat curry spiced in a traditional blend of flavours to create a dish full of flavour. Option of peas or potatoes

**Prawn Curry £9.95**

Cooked in a deliciously seasoned curry sauce

### VEGETARIAN MAINS

Channa Daal / Mix Veg / Sag Aloo / Bhindi / Channa Aloo	£5.00
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**FULL VEGETARIAN menu AVAILABLE**

**Shami Kebab Burger £6.50**

Shami Kebab in a bun with sauce and salad

**Tavah Gourmet Burger £8.00**

6oz gourmet beef burger with a kick

*All our curries can be made extra mild (with cream), mild, medium or hot*

*...just let us know how you like it!*